GPS Checklist

Name & ID: _____

Expected Graduation Term: _____

Path Item	Requirement	Planned Semester	Complete?	Notes
WORKSHOPS	1. **PLAN: Designing Your AUP (DYA)** • Personal Plan		☐	
	2. **IMAGINE: Designing Your Life (DYL)** • Personal Value Proposition		☐	
	3. **TELL: Designing Your Narrative (DYN)** • Personal Narrative		☐	
EXERCISES	4. Balancing Student Life		☐	
	5. Resilience		☐	
	6. Cultural Fluency		☐	
	7. Conflict Management		☐	
	8. Leadership		☐	
	9. Senior Feedback Survey		☐	
ACTIVITIES (see options below)	10. Professional Experience 1/2		☐	
	11. Professional Experience 2/2		☐	
	12. Self-Care		☐	
	13. Collaborative Activity 1/2		☐	
	14. Collaborative Activity 2/2		☐	
	15. Cultural Exploration		☐	

Professional Experience Options
- Career Workshops & Events*
- GPS Panel Presentation*
- Academic Research & Practice
- ASM Board Member*
- AUP Global Mentoring*
- AUP Resident Advisor*
- Internship registered w/ AUP (2)*
- LinkedIn Learning certification – linked to career plans
- Publications & Public Speaking
- Additional Prof. Experience

Self-Care Options
- Active Gym Membership
- Join an AUP sports team*
- Join an AUP recreational activity club*
- LinkedIn Learning certification – something creative
- LinkedIn Learning certification – something related to self-improvement
- Other regular physical activity
- Other Self-Care, Wellness, or Self-Improvement Activity

Collaborative Activity Options
- Activities & Clubs Committee*
- ARC Tutor*
- Events Committee*
- Judiciary Committee*
- Merchandise Committee*
- Senior Gift Committee*
- Service Committee*
- SGA Executive*
- Student Advisor*
- Student Senator*
- Active Member of a Student Organization (2)
- 20 hours of community service (2)
- Additional Collaborative Experience
- GPS Partner Course (multiple options)

Cultural Exploration Options
- Join an AUP Language or Culture club*
- Cultural Program Study Trip*
- Study Abroad
- Study Arabic in Fes, Morocco
- Additional Cultural Fluency Experience
- GPS Partner Course (multiple options)

Tips:
* - tracked automatically (no need to declare);
(2) - can use 2 activities of this type;
→Fill out planned semester for each incomplete path item;
→Highlight relevant options;
→Add details about each activity in the Notes column.

Submit all items via your GPS Path: https://aup.campuslabs.com/engage/involvement/paths#/

Questions? Contact gps@aup.edu